



Comprehensive Community Health Centers  
Your Health, Our Mission.

# Community Resource Guide



Serving the Community of:

## Glendale

## INTRODUCTION

Comprehensive Community Health Centers, Inc. (CCHC) is a Federally Qualified Health Center (FQHC) and a California Non-Profit Public Benefit Corporation.

CCHC is among the top community health center systems in Los Angeles County having grown in health service visits from 45,000 visits in 2004 to over 129,000 visits in 2015. With this guide, CCHC will provide you with the proper resources to help you and your families.

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## WHAT YOU WILL FIND

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# 2-1-1 LA County Infoline



## 211 LA COUNTY INFOLINE

**Website:** [www.211la.org](http://www.211la.org)

**Services:** Dial 2-1-1 from any area code for free 24-hr multilingual information and referrals to human services. Referrals are available for domestic violence, emergency shelters, health services, childcare, substance abuse, counseling, family planning, consumer issues, welfare, emergency food, legal referrals, youth programs, senior services, transportation, mental health issues, etc...

**Contact:** TTY/TTD: (800) 660-4026

**Hours:** Office Mon-Fri 8:00am - 5:00pm

**Languages:** Spanish and 140 other languages during regular business hours.

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# Child Support Services



## LA COUNTY CHILD SUPPORT SERVICES DEPARTMENT

**Website:** [www.childsup.ca.gov](http://www.childsup.ca.gov)

**Services:** Establish and enforce orders when a child receives public assistance or when a parent or legal caretaker requests services.

**Contact:** (866) 901-3212

**Hours:** Mon– Fri 7:30am – 5:00pm

**Location:** 600 S. Commonwealth Ave,  
Los Angeles CA 90005

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## OFFICE OF INSPECTOR GENERAL

**Website:** [www.oig.hhs.gov](http://www.oig.hhs.gov)

**Services:** Can intervene in child support cases where the paying parent lives in a state other than where the child lives and refuses to pay over 1 year, amount owing is more than \$5,000 or if the paying parent moves to avoid paying.

**Contact:** (818) 543-1172

# Crisis Hotlines





## **CUTTING, DEPRESSION, LONELINESS**

**Contact:** (800) 422-4673

## **DRUG REHAB HOTLINE**

**Contact:** (855) 520 - 2898

## **GLBT NATIONAL YOUTH TALK**

**Contact:** (800) 246-7743

## **NATIONAL CRISIS TALK HOTLINE**

**Contact:** (800) 273- 8255

## **NATIONAL DOMESTIC VIOLENCE HOTLINE**

**Contact:** (800) 799-7233

## **NATIONAL EATING DISORDERS ASSOCIATION**

**Contact:** (800) 931-2237

## **NATIONAL HUMAN TRAFFICKING RESOURCE CENTER**

## **NATIONAL RUNAWAY SAFE LINE**

**Contact:** (800) 786-2929

## **NATIONAL SUICIDE HOTLINE**

**Contact:** (800) 784-2433

## **PLANNED PARENTHOOD**

**Contact:** (800) 230-7526

## **PSYCHIATRIC EVALUATION TEAM**

**Contact:** (800) 854-7771

## **USA NATIONAL CHILD ABUSE HOTLINE**

**Contact:** (800) 422-4453

# Domestic Violence



## ADULT PROTECTIVE SERVICES

**Website:** [www.cds.ca.gov/Adult-Protective-Services](http://www.cds.ca.gov/Adult-Protective-Services)

**Services:** Investigates all reports that have been made due to victim being endangered by physical, sexual or financial abuse, isolation, neglect, or self neglect. Serve ages 65 and older and dependent adults 18-64 years of age.

**Contact:** (888) 202-4248

**Languages:** English & Spanish

**Cost:** \$0

**Hours:** Mon-Fri 8:00am.- 5:00pm

**Location:** 3333 Wilshire Blvd. #400  
Los Angeles, CA 90010

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## ELDER ABUSE UNIT

**Website:** [da.co.la.ca.us/seniors](http://da.co.la.ca.us/seniors)

**Services:** If you or anyone you know are a witness of domestic violence, call and report adult abuse (including disabled adults).

**Contact:** (877) 477-3646

**Hotline:** (888) 202-4248

**Cost:** \$0

**Hours:** 24 Hour Hotline

**Location:** 600 E. Broadway Room 280  
Glendale, CA 91206

## LA COUNTY DOMESTIC VIOLENCE COUNCIL

**Website:** [da.co.la.ca.us/victims](http://da.co.la.ca.us/victims)

**Services:** Domestic Violence referral services (outreach, parenting, transitional housing, counseling, batterer's treatment, VAWA, etc.) Offer community workshops and training referrals.

**Contact:** (800) 978-3600

**Cost:** \$0

**Hours:** 24 Hour Hotline

**Hotline:** (800) 799-7233

**Location:** 500 W. Temple St. Room B-50  
Los Angeles, CA 90012

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## YWCA- GLENDALE

**Website:** [www.glendaleywca.org](http://www.glendaleywca.org)

**Services:** Provide emergency shelter, domestic violence education, individual counseling, legal advocacy, and support groups.

**Contact:** (818) 242-4155

**Hotline:** (888) 999-7311

**Cost:** \$0

**Hours:** Mon-Fri 9:00am- 5:00pm

**Location:** 735 E. Lexington Dr.  
Glendale, CA 91206



# Employment



## FOOTHILL EMPLOYMENT & TRAINING CONNECTION

**Website:** [www.fwibworks.org](http://www.fwibworks.org)

**Services:** Free training or job placements services.

**Contact:** (626) 796-5627

**Hours:** Mon-Fri 8:00am - 5:00pm

**Location:** 1207 E. Green St.  
Pasadena, CA 91106

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## GLENDALE YOUTH ALLIANCE

**Website:** [www.glendaleca.gov/government/city-departments/community-services-parks/youth-employment-services-gya](http://www.glendaleca.gov/government/city-departments/community-services-parks/youth-employment-services-gya)

**Services:** Provides jobs and employment preparedness training for low-income youth ages 14-24 .

**Contact:** (818) 937-8052

**Hours:** Mon-Fri 8:00am - 5:00pm

**Location:** 1255 South Central Avenue  
Glendale, CA 91204

## HART EMPLOYMENT SERVICES

**Website:** [www.hartjobs.com](http://www.hartjobs.com)

**Services:** Specializes in quality staffing assistance for direct placement, contract, temporary-to hire, pre-employment testing and payroll services.

**Contact:** (626) 405-0778

**Languages:** English

**Hours:** Mon-Fri 8:00am - 5:00pm  
Sat & Sun Closed

**Location:** 220 S. Kenwood Street #320  
Glendale, CA 91205

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## VERDUGO JOBS CENTER

**Website:** [www.verdugojobscenter.org](http://www.verdugojobscenter.org)

**Services:** Free training or job placement services. Unemployment insurance Benefits.

**Contact:** (818) 409-0476

**Hours:** Mon-Fri 8:00am - 5:00pm

**Location:** 1255 South Central Avenue  
Glendale, CA 91204

# Food Banks





## CATHOLIC CHARITIES COMMUNITY SERVICES

**Website:** [www.catholiccharitiesla.org](http://www.catholiccharitiesla.org)

**Services:** Provide emergency food, clothing, emergency assistance & case management, at-risk youth services, immigration and citizenship services. Refugee resettlement program. Food pantry.

**Contact:** (818) 409-3080

**Language:** Spanish, Armenian, Farsi, French

**Hours:** Mon, Tue, Fri 10:00am - 3:00pm

**Cost:** \$0

**Location:** 4322 San Fernando Rd.  
Glendale, CA, 91204

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## INTERFAITH FOOD PANTRY

**Services:** Distributes food to families in need at no cost.

**Contact:** (818) 760-3575

**Hours:** Mon-Fri 9:00am - 1:00pm

**Location:** 4387 Troost Ave.  
Los Angeles CA 91604

## LA REGIONAL FOOD BANK

**Website:** [www.lafoodbank.org](http://www.lafoodbank.org)

**Services:** If you or your family face difficulties putting food on the table, this facility could help by providing you with free food at no cost. They have a monthly giving program and offer children/ senior nutrition programs.

**Cost:** \$0

**Contact:** (323) 234-3030

**Hours:** Mon-Fri 8:00am - 5:00pm

**Location:** 1734 E. 41st St.  
Los Angeles, CA 90058

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## SALVATION ARMY

**Website:** [www.salvationarmyusa.org](http://www.salvationarmyusa.org)

**Services:** Serves 60 million meals to anyone in need through its many soup kitchens, sit-down meal programs, food pantries, mobile meals, and community gardens.

**Contact:** (818) 246-5586

**Hours:** Mon-Fri for food ONLY  
9:00am - 12:00pm & 1:30pm-4:30pm  
CLOSED WEDNESDAY

**Location:** 320 W. Windsor Ave.  
Glendale, CA 91204

# WORLD HARVEST FOOD BANK

**Website:** [www.worldharvestla.org](http://www.worldharvestla.org)

**Services:** If you find yourself in a difficult situation by not having sufficient food, WHFB can help by providing 150lbs worth of food for only \$30 after a brief registration process. If you are not able to pay this amount, you may volunteer in exchange for food. Volunteering only requires 4 hours of your time in one day.

**Contact:** (213) 746-2227

**Cost:** \$30

**Hours:** Mon-Fri 8:00am - 6:00pm  
Saturday 8:00am- 3:00pm

**Languages:** English & Spanish

**Location:** 3200 South Grand Ave.  
Los Angeles, CA 90005

# Grief & Loss Services





## COMPASSIONATE FRIENDS

**Website:** [www.tcf-verdugo.org](http://www.tcf-verdugo.org)

**Services:** Mutual support groups involving death of a child. For bereaved parents, siblings, grandparents. Groups for miscarriage and infant death.

**Contact:** (818) 236-3635

**Hours:** 4th Thursday of each month, or 3rd Thursday of November and December, 7:30pm – 9:30pm

**Cost:** No charge

**Location:** Verdugo Hills Hospital  
1812 Verdugo Blvd.  
Glendale, CA 91208

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## GLENDALE ADVENTIST

**Website:** [www.adventisthealth.org](http://www.adventisthealth.org)

**Services:** Grief support groups for widow, widowers, survivors of suicide. Groups are offered during the day and evening. Individual counseling available by request.

**Contact:** (818) 409-8008

**Hours:** Mon 6:00pm-7:30pm  
Tues 11:00am-12:30pm  
*(Call first to verify meeting times)*

**Cost:** Annual fee of \$30

**Location:** 1509 Wilson Terrace  
Glendale, CA 91206

# Insurance Services



## A+ INSURANCE SERVICES

**Website:** [www.rightplan.com](http://www.rightplan.com)

**Services:** Assists individuals and small businesses with health, dental and vision insurances, in addition to Medicare Supplemental or Medicare Advantage, Travel policies including trip protection and international medical insurance, and holistic wellness education .

**Contact:** (818) 508-7177

**Hours:** Mon - Fri 9:00am – 6:00pm  
Sat 10:00am – 3:00pm

**Cost:** No charge

**Language:** English, Spanish, Russian,  
Armenian, Hebrew

**Location:** 12500 Riverside Dr., Suite #206  
Valley Village, CA 91607

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## LION'S HEALTH INSURANCE SERVICES

**Website:** [www.lionsinsurance.com/health-insurance.php](http://www.lionsinsurance.com/health-insurance.php)

**Services:** Provides assistance with health insurance enrollments, offering life, health, and disability insurance, including Medicare. Lions Insurance also assists with college planning and retirement planning.

**Contact:** (818) 265-0777

**Hours:** Mon-Fri 9:00am-5:30pm

**Location:** 500 N Brand Blvd., Suite 1930  
Glendale, CA 91203

## NEW YORK LIFE INSURANCE COMPANY

**Website:** [www.newyorklife.com](http://www.newyorklife.com)

**Services:** Offers both annuity and life insurance products that can fit almost any budget and situation.

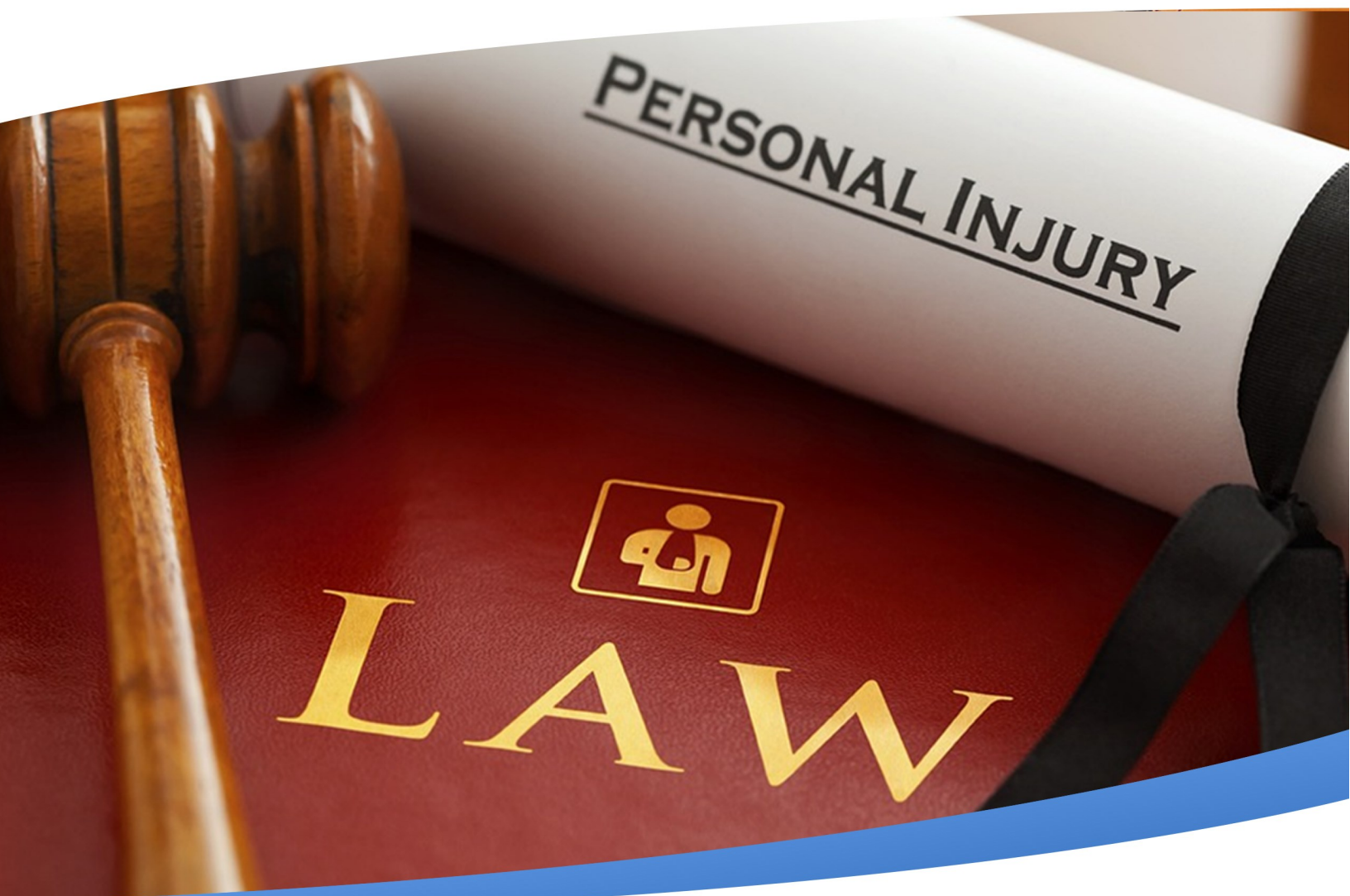
**Contact:** (818) 462-5492

**Hours:** Mon - Fri 9:00am-4:00pm

**Location:** 801 N Brand Blvd  
Glendale, CA 91203



# Legal Services



## ARK FAMILY CENTER

**Website:** [www.arkfamilycenter.org](http://www.arkfamilycenter.org)

**Services:** Appointment required. Provide divorce, paternity, restraining orders, custody or visitation orders. Help battered immigrant women wishing to petition.

**Contact:** (818) 662-7045

**Cost:** Costs vary by class

**Location:** 135 S. Jackson St. Suite 102  
Glendale, CA 91205

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## I.M.C.E.S. - INSTITUTE FOR MULTICULTURAL COUNSELING & EDUCATION SERVICES

**Website:** [www.imces.org](http://www.imces.org)

**Services:** Educating clients about their legal rights, preparing for court, advising, informing and assisting with family law cases including, but not limited to dissolution of marriage, legal separation, common law marriage, allocation of parental responsibility, and protection orders.

**Contact:** (818) 240-4311

**Language:** English, Spanish, Armenian, Farsi, Russian, Hebrew, Tagalog, Romanian

**Cost:** \$0-30 for individuals with Cal-Works

**Hours:** Mon-Fri 9:00am-5:00pm

**Location:** 121 W. Lexington Drive, Suite 300  
Glendale, CA 91203

## NEIGHBORHOOD LEGAL SERVICES

**Website:** [www.catholiccharitiesla.org](http://www.catholiccharitiesla.org)

**Services:** Emergency assistance, case management, immigration and citizenship services, & youth services

**Contact:** (800) 433-6251

**Cost:** Free for individuals with low income and living in Los Angeles County

**Hours:** Mon-Fri 9:00am-12:00pm,  
1:00pm– 5:00pm

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## SALVADORAN AMERICAN LEADER- SHIP AND EDUCATIONAL FUND

**Website:** <https://www.salef.org/>

**Services:** A non-profit organization that is dedicated to helping minority communities fight for their rights against deportation, while also helping students in need of obtaining a higher education. SALEF is committed to providing a variety of services to the community including citizenship exam, preparation classes, scholarships for local youth, and summer program for individuals between the ages of 15-24 years of age.

**Contact:** (213) 480-1052

**Hours:** Mon-Fri 9:00am-5:00pm

# Mental Health



## ARK FAMILY CENTER

**Website:** [www.arkfamilycenter.org](http://www.arkfamilycenter.org)

**Services:** Therapy / Counseling services for youth, adults, and professionals.

**Contact:** (818) 662-7045

**Cost:** Cost varies by class

**Location:** 135 S. Jackson St Suite 102  
Glendale, CA 91205

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## ARMENIAN RELIEF SOCIETY

**Website:** [www.arswestusa.org](http://www.arswestusa.org)

**Services:** Referrals, translations, interpretation, transportation; employment services; English as a second language classes; Case management; Counseling services.

**Contact:** (818) 241-7533

**Cost:** \$0

**Hours:** Mon-Fri 8:00a.m. - 5:00p.m.

**Location:** 517 W. Glenoaks Blvd.  
Glendale, CA 91202

## DIDI HIRSCH MENTAL HEALTH SERVICES

**Website:** [www.didihirsch.org](http://www.didihirsch.org)

**Services:** 24 hour suicide crisis line, counseling for families that find themselves in emotional trouble.

**Suicide Prevention Crisis Line:** (800) 273-8255

**Contact:** (818) 244-7257

**Cost:** Accept Medi-Cal and Medicare Sliding Scale Fees do apply for those who do not have Medi-Cal/Medicare

**Hours:** Mon-Fri 9:00a.m. - 4:00p.m.

**Location:** 1540 E. Colorado Blvd.  
Glendale, CA 91205

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## FULLER PSYCHOLOGICAL FAMILY SERVICES

**Website:** [www.fuller.edu/fuller-psychological-and-family-services](http://www.fuller.edu/fuller-psychological-and-family-services)

**Services:** Honoring mind, body and spirit by offering individual therapy, group therapy, child/adolescent therapy, family/couples therapy.

**Contact:** English (626) 584-5555  
Spanish (626) 304-3754

**Cost:** \$45-\$150

**Hours:** Mon-Thurs 8:00am - 9:00pm  
Friday 8:00am - 5:00pm

**Location:** 180 N. Oakland Ave.  
Pasadena, CA 91101



## I.M.C.E.S.—INSTITUTE FOR MULTICULTURAL COUNSELING & EDUCATION SERVICES

**Website:** [www.imces.org](http://www.imces.org)

**Services:** Offer domestic violence, anger management and parenting classes.

**Contact:** (818) 240-4311

**Cost:** \$20 per class

**Hours:** Class times vary

**Languages:** English, Spanish, Armenian,  
Farsi, Russian, Hebrew, Tagalog

**Location:** 121 W Lexington Dr., Suite 300  
Glendale, CA 91203

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## PACIFIC CLINICS

**Website:** [www.pacificclinics.org](http://www.pacificclinics.org)

**Services:** Provides innovative leadership in our communities, offering treatment, prevention and early intervention, program development and evaluation, research, training, and public education and advocacy, frequently in partnership with other social services organizations.

**Contact:** (818) 547-9544

**Cost:** Accepts Medi-Cal

**Hours:** Mon-Fri 9:00am-5:00pm

**Location:** 237 N. Central Ave  
Glendale, CA 91203

## PASADENA MENTAL HEALTH

**Website:** [www.pmhcenter.org](http://www.pmhcenter.org)

**Services:** Parent education classes, group counseling, court order clients accepted.

**Contact:** (626) 798-0907

**Languages:** English & Spanish

**Cost:** \$20 and up  
Sliding Scale Fees do apply

**Hours:** Mon– Thurs: 8:00am-9:00pm  
Fri: 10:00am-6:00pm  
Sat: 10:00am– 5:00pm  
Sun: Closed

**Location:** 1495 N. Lake St.  
Pasadena, CA 91104

# Recreational Activities



## CLUB PILATES– GLENDALE

**Website:** [www.clubpilates.com/glendale](http://www.clubpilates.com/glendale)

**Services:** Offers many classes to help strengthen your spine and abdominal core. Teaching levels from beginners to experts. Pilates will help you with better posture, balance, flexibility, and strength.

**Contact:** (818) 724-9977

**Cost:** Depends on membership packet

**Hours:** Mon– Thurs 7:30am– 8:00pm  
Fri & Sat 7:30am– 1:00pm  
Sunday 8:00am– 1:00pm

**Location:** 1354 E. Colorado St.  
Glendale, CA 91205

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## PACIFIC COMMUNITY POOL

**Website:** [www.glendaleca.gov](http://www.glendaleca.gov)

**Services:** Offer swimming lessons, water polo teams, wading pools, swim team, life guarding academy

**Contact:** (818) 937-7433

**Cost:** All prices vary, depending on age range.  
Entry fee– Less than \$3

**Unlimited Entry Pass:** Less than \$75

**15 Session pass:** Less than \$36

**Hours:** May 30th– September 25, 2016

**Location:** 509 S. Pacific Ave.  
Glendale, CA 91204

## WE ROCK THE SPECTRUM

**Website:** [www.werockthespectrumglendale.com](http://www.werockthespectrumglendale.com)

**Services:** Include Open Play for infants and up. Parent must attend at all times.

**Contact:** (818) 945-5444

**Cost:** \$12 per child, All day pass \$20

**Hours:** Mon– Sat: 9:00am– 7:00pm  
Sun: 11:00am– 7:00pm

**Location:** 413 S. Central Ave, Unit E.  
Glendale, CA 91204

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## WORLD GYM

**Website:** [www.worldgym.com](http://www.worldgym.com)

**Services:** Membership includes free classes like Zumba, Step, Boot Camp, and Yoga. Includes efficient equipment to exercise and improve strength.

**Contact:** (818) 243-1600

**Cost:** \$10 per month

**Hours:** Mon– Thurs: 5:00am– 12:00am  
Sat & Sun: 7:00am– 8:00pm

**Location:** 1001 E. Colorado St.  
Glendale, CA 91205

## YMCA – GLENDALE

**Website:** [www.glenymca.org](http://www.glenymca.org)

**Services:** Fitness classes, dancing classes for all ages, camping, sports, personal exercise

**Contact:** (818) 240-4130

**Cost:** Depends on membership packet

**Hours:** Mon– Fri 5:45am– 10:00pm  
Sat 6:30am– 5:00pm  
Sun 1:00pm– 5:00pm

**Location:** 140 N Louise St.  
Glendale, CA 91206

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## YMCA OF THE FOOTHILLS

**Website:** [www.ymcafoothills.org](http://www.ymcafoothills.org)

**Services:** Fitness classes, dancing classes for all ages, camping, sports, personal exercise.

**Contact:** (818) 790-0123

**Cost:** Depends on membership packet

**Hours:** Mon - Fri 5:00am-10:00pm  
Sat 5:00am-7:00pm  
Sun 10:00am-6:00pm

**Location:** 1930 Foothill Blvd  
La Cañada Flintridge, CA 91011



# Self-Help Groups



## ALA-NON FAMILY

**Contact:** (818) 760-7122

*Friends and families of problem drinkers find understanding and support at these meetings.*

## ALATEEN

**Contact:** (888) 425-2666

*Fellowship for young people whose lives has been affected by alcoholism in a family member or close friends.*

## ALCOHOLICS ANONYMOUS

**Contact:** (323) 936-4343

*If you or someone you know have an alcohol problem, AA meetings are available to share with.*

## COCAINE ANONYMOUS

**Contact:** (818) 760-8402

*12 step program for people who seek recovery in cocaine addiction.*

## CRYSTAL METH ANONYMOUS

**Contact:** (855) 638-4373

*12 step program for people who seek recovery in crystal meth addiction.*

## DEPRESSED ANONYMOUS

**Contact:** (502) 569-1989

*12 step program seeks to prevent depression through education and by creating a supportive caring community through support groups.*

## DUAL RECOVERY ANONYMOUS

**Contact:** (877) 742-7349

*Provide support groups for those who have concurrent disorders. (Emotional or psychiatric illness together with drug or alcohol problem).*

## EMOTIONAL HEALTH ANONYMOUS

**Contact:** (651) 647-9712

*12 step program for recovery from mental and emotional illness.*

## GAMBLERS ANONYMOUS

**Contact:** (855) 222-5542

*12 step program for people who have a gambling problem.*

## MARIJUANA ANONYMOUS

**Contact:** (800) 766-6779

*12 step program for recovery from marijuana.*

## NAR-ANON FAMILY GROUPS

**Contact:** (800) 477-6291

*12 step program for families & friends of addicts.*

## NARCOTICS ANONYMOUS

**Contact:** (323) 933-5395

*If you have any drug problem, meetings are available to support your recovery.*

## NICOTINE ANONYMOUS

**Contact:** (877) 879-6422

*12 step program to help live a nicotine-free life.*

## OBSESSIVE COMPULSIVE

**Contact:** (617) 973-5801

*Provide support, assistance, and education.*

## SEXAHOLICS ANONYMOUS

**Contact:** (866) 424-8777

*12 step program to help those who believe they have a sex addiction and might want to change their behavior.*

## SMOKENDERS

**Contact:** (800) 828-4357

*Online 7 weekly session program to help you determine your specific smoking triggers and linkages and then shows you how to recognize these and reprogram yourself to quit.*

# Shelters





## ASCENCIA

**Website:** [www.ascenciaca.org](http://www.ascenciaca.org)

**Services:** Lifting people out of homelessness by providing emergency shelters, access centers, case management, transitional housing for homeless.

**Contact:** (818) 246-7900

**Hours:** Mon– Wed & Fri 7:00am– 4:00pm  
Thurs: 7:00pm– 2:00pm  
CLOSED last Friday of each month

**Cost:** \$0 for Homeless individuals who live in SPA 2

**Location:** 1851 Tyburn St.  
Glendale, CA 91204

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## A COMMUNITY OF FRIENDS

**Website:** [www.acof.org](http://www.acof.org)

**Services:** Permanente affordable housing to homeless & mentally ill adults, and other special need populations

**Contact:** (213) 480-0809

**Hours:** Mon– Fri 9:00am– 5:00pm

**Cost:** \$0

**Location:** 3701 Wilshire Blvd, Suite 700  
Los Angeles CA 90010

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## ANGEL'S FLIGHT AT RISK YOUTH SERVICES

**Website:** [www.catholiccharitiesla.org](http://www.catholiccharitiesla.org)

**Services:** A 16 bed facility serving 10-17 years olds up to 21 says. Offer individual, group, and family counseling, telephone and crisis counseling. Supervised recreation, emergency food and clothing, community outreach and so much more at no cost.

**Contact:** (213) 413-2311

**Hours:** Open 24 hours

**Languages:** English & Spanish

**Cost:** \$0

**Location:** 1671 Beverly Blvd,  
Los Angeles, CA 90026

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## COVENANT HOUSE CALIFORNIA

**Website:** [www.covenanthousecalifornia.org](http://www.covenanthousecalifornia.org)

**Services:** Transitional program for youth. Include van outreach, health services, mental health services, substance abuse.

**Contact:** (323) 461-3131

**Language:** English and Spanish

**Cost:** \$0

**Location:** 1325 N. Western Ave.  
Hollywood, CA 90027



## GATEWAY PROJECT/UNION RESCUE MISSION

**Website:** [www.urm.org/services/gateway-project](http://www.urm.org/services/gateway-project)

**Services:** Provides 6 month transitional housing for single parents with children. Offers shelter, food, clothing, medical, dental, and mental health care.

**Contact:** (213) 347-6300

**Cost:** \$210 monthly fee

**Location:** 545 S. Pedro St.  
Los Angeles, CA 90013

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## GOOD SHEPARD CENTER

**Website:** [www.gscheless.org](http://www.gscheless.org)

**Services:** Transitional residence for the homeless women and children preparing to re-enter the mainstream, job training, counseling, referrals.

**Contact:** (213) 235-1460

**Cost:** 30% of income

**Hours:** Mon– Friday 8:00am-5:00pm

**Languages:** English, Spanish & Vietnamese

**Location:** 1671 Beverly Blvd  
Los Angeles, CA 90026

## JOVENES, INC HOMELESS YOUTH ACCESS

**Website:** [www.jovenesinc.org](http://www.jovenesinc.org)

**Services:** Provides stable housing and emergency housing, along with other community-based services for 18-25 year olds to lead productive lives.

**Contact:** (323) 260-8035

**Cost:** You are able to stay in emergency shelter for free for up to 90 days, as they create and implement their individuals plans, job search etc.

**Location:** 1208 Pleasant Ave  
Los Angeles, CA 90033

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## LA FAMILY HOUSING

**Website:** [www.lafh.org](http://www.lafh.org)

**Services:** Provide temporary, permanent and supportive housing for the homeless.

**Contact:** (323) 264-1114

**Hours:** Mon-Fri 8:00am-4:30am

**Cost:** Free with referral

**Location:** 207 N. Breed St.  
Los Angeles, CA 90033

## LAMP COMMUNITY

**Website:** [www.lampcommunity.org](http://www.lampcommunity.org)

**Services:** Serving LA's most vulnerable homeless. Provide homes, showers and meals.

**Contact:** (213) 488-9559

**Hours:** Mon-Fri 8:00am-5:00pm

**Cost:** \$0

**Location:** 526 San Pedro St.  
Los Angeles, CA 90013

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## PEOPLE ASSISTING THE HOMELESS

**Website:** [www.epath.org/site/main.html](http://www.epath.org/site/main.html)

**Services:** PATH is a transitional housing program for men, women, families and those with special needs. Each program consists of transitional beds, services & facilities geared to individual needs. Access to program provides initial intake, needs assessment & referral services.

**Contact:** (323) 644-2216

**Cost:** \$0

**Hours:** Mon-Fri 8:00am-4:00pm

**Location:** 340 N. Madison Ave.  
Los Angeles, CA 90004

## PUBLIC COUNSEL

**Website:** [www.publiccounsel.org](http://www.publiccounsel.org)

**Services:** Provides representation to over 15,000 homeless individuals & families before administration agencies to secure shelter, clothing, food and other vital benefits.

**Contact:** (213) 385-2977

**Hours:** Mon-Fri 9:00am-12:30pm  
1:30am-5:15pm

**Cost:** \$0

**Location:** 610 S. Ardmore St.  
Los Angeles, CA 90005

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## SALVATION ARMY

**Website:** [www.salvationarmyusa.org](http://www.salvationarmyusa.org)

**Services:** Group homes, emergency shelters, and transitional living centers provide housing, food, and overnight lodging for varying amounts of time to those in need.

**Contact:** (818) 246-5586

Language: Spanish & English

**Hours:** Mon-Fri for food ONLY  
9:00am-12:00pm & 1:30pm-4:30pm  
CLOSED Wednesday

**Cost:** Referral Only

**Location:** 320 W. Windsor Ave.  
Glendale, CA 91204

# Substance Abuse



## AA WINDSOR CLUB

**Website:** [www.glendalewindsorclub.com](http://www.glendalewindsorclub.com)

**Services:** Meet with other group members / support group for Alcoholic's Anonymous. Have discussions towards their struggles and how they were able to overcome their addiction.

**Contact:** (818) 242-1350

**Cost:** No cost

**Languages:** English, Armenian, & Spanish

**Hours:** Open Mon-Fri (Discussion times vary)  
Call for more info.

**Location:** 123 W. Windsor Rd.  
Glendale, CA 91204

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## ADDICTION COUNSELING (PRIVATE PRACTICE)

**Services:** Benjamin Salazar is a private and licensed marriage family therapist. He specializes in chemical addictions & trauma for all ages.

**Contact:** (213) 448-5969 (Ask for Benjamin)

**Cost:** \$45 and up

**Hours:** Flexible (Weekends available)

**Location:** 1545 N. Verdugo, Suite 203  
Glendale, CA 91208

## ALPHA TREATMENT- GLENDALE MEMORIAL HOSPITAL

**Website:** [www.dignityhealth.org/glendalememorial](http://www.dignityhealth.org/glendalememorial)

**Services:** Rehabilitation services. Offer chemical dependency treatments, detox and individual/group therapy

**Contact:** (818) 502-1900 EXT 4770

**Location:** Glendale Memorial Hospital  
and Health Center  
1420 S. Central Ave.  
Glendale, CA 91204

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## CHILDREN'S HOSPITAL LA - SAP

**Website:** [www.chla.org](http://www.chla.org)

**Services:** Screenings, Assessments, individual/ group therapy are offered to educate and prevent substance abuse.

**Contact:** (323) 361-2463

**Cost:** Family and group sessions are free for seniors and ages 10-25.

**Hours:** Tuesday from 8:30am-11:15am

**Location:** 5000 Sunset Blvd., Suite 701,  
7th Floor, Los Angeles, CA 90027



## CHRISTIAN ASSEMBLY CHURCH

**Website:** [www.cachurch.com](http://www.cachurch.com)

**Services:** Offers a variety of faith-based recovery courses and groups. Areas covered: alcohol/substance addictions, sexual addictions, family of origin issues, survivors of sexual abuse, financial management, and effects from divorce. Call for meeting times.

**Contact:** (323) 255-1421

**Cost:** \$0

**Hours:** Sat 6:00pm & Sun 9:00am,  
11:15am, 6:00pm

**Location:** 2424 Colorado Blvd,  
Los Angeles, CA 90041

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## FRESH START

**Services:** Offer detoxifying treatments from drugs and alcohol abuse.

**Contact:** (855) 734-2223

**Cost:** Depends on case

**Hours:** Mon-Fri 7:30am-6:00pm  
Sat & Sun 8:00am-4:00pm

**Location:** 225 Broadway St.  
Glendale, CA 91205

## GLENDALE ADVENTIST MEDICAL CENTER

**Website:** [www.adventisthealth.org](http://www.adventisthealth.org)

**Services:** GAADS program offer detoxifying treatments from drugs and alcohol abuse.

**Contact:** (818) 242-3116

**Cost:** Depends on insurance

**Hours:** Open 24 hours everyday of the week

**Location:** 1509 Wilson Terrace  
Glendale, CA 91206

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## NEW INSIGHT PROGRAM

**Services:** Drug and alcohol counseling, education and tobacco awareness for 18+. Drug division referred by court, don't do outpatient service.

**Contact:** (818) 242-2308

**Cost:** Depends on court

**Hours:** Court will schedule appointment

**Location:** 522 Broadway Blvd. Suite 101  
Glendale, CA 91205

# PACIFIC CLINICS – SUBSTANCE ABUSE PROGRAM

**Website:** [www.pacificclinics.org](http://www.pacificclinics.org)

**Services:** Provides drug alcohol treatment program, information and referral prevention. Individual therapy for adults and children.

**Contact:** (818) 547-9544

**Cost:** Only accept Medical

**Hours:** 9:00am-5:00pm

**Location:** 237 N. Central Ave  
Glendale, CA 91203

# Utility Services



## GLENDALE WATER AND POWER

**Services:** Restricted to Glendale residents. Electricity bill assistance for low income residents. Discounts are given to those with lifesaving equipment.

**Contact:** (818) 548-3300

**Hours:** Mon-Thurs 7:30am-5:30pm  
Fri 8:00am-5:00pm

**Location:** 141 N. Glendale Ave.  
Glendale, CA 91206

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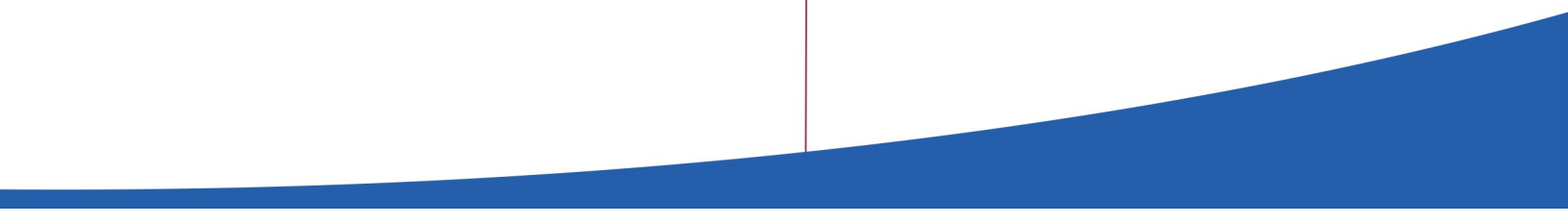
## SALVATION ARMY CORPS.

**Services:** Restricted to Glendale Residents. Utility bill assistance with shut off notice.

**Contact:** (818) 246-5586

**Hours:** Mon-Fri 10:00am-4:00pm  
Closed 12:00pm-12:30pm

**Location:** 8413 Laurel Canyon Blvd  
Sun Valley, CA 91352





# Acknowledgement

This Community Resource Guide has been developed for you by:



**Comprehensive Community Health Centers**  
**Your Health, Our Mission.**

CCHC serves as a medical home to individuals and individuals across the life span, including the low-income and underserved. CCHC serves a large immigrant population including Latino, Armenian, and Asian populations. CCHC's health care providers speak the languages of the community.

CCHC opens its doors to patients from all demographics and cultures. We are excited to accommodate individuals from all walks of life and to ensure everyone gets the healthcare they need.

CCHC is licensed by the State of California, led by an independent Board of Directors and is a FQHC Program quarantine under 42 U.S.C. 254b. All providers are deemed federal employees, with resultant coverage under the Federal Tort Claims Act (FTCA) for actions within the scope of deemed employment, pursuant to 42 U.S.C. 233(g)-(n).

# 5 Convenient Locations



**North Hollywood**  
12157 Victory Blvd.  
North Hollywood, CA 91606



**Sunland**  
8316 Foothill Blvd.  
Sunland, CA 91040



**Glendale**  
801 S. Chevy Chase Dr. #250  
Glendale, CA 91205



**Eagle Rock**  
1704 Colorado Blvd.  
Los Angeles, CA 90041



**Highland Park**  
5059 York Blvd.  
Los Angeles, CA 90042

For more information about our services visit

[www.cchccenters.org](http://www.cchccenters.org)

