



Comprehensive Community Health Centers
Your Health, Our Mission.

Community Resource Guide



Serving the Community of:

Eagle Rock

INTRODUCTION

Comprehensive Community Health Centers, Inc. (CCHC) is a Federally Qualified Health Center (FQHC) and a California Non-Profit Public Benefit Corporation.

CCHC is among the top community health center systems in Los Angeles County having grown in health service visits from 45,000 visits in 2004 to over 129,000 visits in 2015. With this guide, CCHC will provide you with the proper resources to help you and your families.

WHAT YOU WILL FIND

The Community Resource Guide for Comprehensive Community Health Centers is divided into 14 sections.

TABLE OF CONTENTS

2-1-1 LA County Infoline	
Child Support Services	
Crisis Hotlines	
Domestic Violence	
Employment	
Food Banks	
Grief and Loss Services	
Insurance Services	
Legal Services	
Mental Health	
Recreational Activity	
Self-Help Groups	
Shelters	
Substance Abuse	
Utility Services	

2-1-1 LA County Infoline



211 LA COUNTY INFOLINE

Website: www.211la.org

Services: Dial 2-1-1 from any area code for free 24-hr multilingual information and referrals to human services. Referrals are available for domestic violence, emergency shelters, health services, childcare, substance abuse, counseling, family planning, consumer issues, welfare, emergency food, legal referrals, youth programs, senior services, transportation, mental health issues, etc...

Contact: TTY/TTD: (800) 660-4026

Hours: Office Mon-Fri 8:00am - 5:00pm

Languages: Spanish and 140 other languages during regular business hours.

Child Support Services



LA COUNTY CHILD SUPPORT SERVICES DEPARTMENT

Website: www.childsup.ca.gov

Services: Establish and enforce orders when a child receives public assistance or when a parent or legal caretaker requests services.

Contact: (866) 901-3212

Hours: Mon– Fri 7:30am – 5:00pm

Location: 600 S. Commonwealth Ave,
Los Angeles CA 90005

OFFICE OF INSPECTOR GENERAL

Website: www.oig.hhs.gov

Services: Can intervene in child support cases where the paying parent lives in a state other than where the child lives and refuses to pay over 1 year, amount owing is more than \$5,000 or if the paying parent moves to avoid paying.

Contact: (818) 543-1172

Crisis Hotlines



CUTTING, DEPRESSION, LONELINESS

Contact: (800) 422-4673

DRUG REHAB HOTLINE

Contact: (855) 520 - 2898

GLBT NATIONAL YOUTH TALK

Contact: (800) 246-7743

NATIONAL CRISIS TALK HOTLINE

Contact: (800) 273- 8255

NATIONAL DOMESTIC VIOLENCE HOTLINE

Contact: (800) 799-7233

NATIONAL EATING DISORDERS ASSOCIATION

Contact: (800) 931-2237

NATIONAL HUMAN TRAFFICKING RESOURCE CENTER

NATIONAL RUNAWAY SAFE LINE

Contact: (800) 786-2929

NATIONAL SUICIDE HOTLINE

Contact: (800) 784-2433

PLANNED PARENTHOOD

Contact: (800) 230-7526

PSYCHIATRIC EVALUATION TEAM

Contact: (800) 854-7771

USA NATIONAL CHILD ABUSE HOTLINE

Contact: (800) 422-4453

Domestic Violence



ADULT PROTECTIVE SERVICES

Website: www.cds.ca.gov/Adult-Protective-Services

Services: Investigates all reports that have been made due to victim being endangered by physical, sexual or financial abuse, isolation, neglect, or self neglect. Serve ages 65 and older and dependent adults 18-64 years of age.

Contact: (888) 202-4248

Languages: English & Spanish

Cost: \$0

Hours: Mon-Fri 8:00am.- 5:00pm

Location: 3333 Wilshire Blvd. #400
Los Angeles, CA 90010

ELDER ABUSE UNIT

Website: da.co.la.ca.us/seniors

Services: If you or anyone you know are a witness of domestic violence, call and report adult abuse (including disabled adults).

Contact: (877) 477-3646

Hotline: (888) 202-4248

Cost: \$0

Hours: 24 Hour Hotline

Location: 600 E. Broadway Room 280
Glendale, CA 91206

LA COUNTY DOMESTIC VIOLENCE COUNCIL

Website: da.co.la.ca.us/victims

Services: Domestic Violence referral services (outreach, parenting, transitional housing, counseling, batterer's treatment, VAWA, etc.) Offer community workshops and training referrals.

Contact: (800) 978-3600

Cost: \$0

Hours: 24 Hour Hotline

Hotline: (800) 799-7233

Location: 500 W. Temple St. Room B-50
Los Angeles, CA 90012

PEACE OVER VIOLENCE

Website: www.peaceoverviolence.org

Services: Interventions, prevention, education, and advocacy towards domestic violence. Individual and group counseling and offer self-defense programs.

Contact: (213) 955-9090

**24hr Rape &
Battering Hotline:** (626) 793-3385

Cost: \$0

Hours: Mon-Fri 9:00am- 5:00pm

Location: 1015 Wilshire Blvd., Suite 200
Los Angeles, CA 90017

YWCA– GLENDALE

Website: www.glendaleywca.org

Services: Provide emergency shelter, domestic violence education, individual counseling, legal advocacy, and support groups.

Contact: (818) 242-4155

Hotline: (888) 999-7311

Cost: \$0

Hours: Mon-Fri 9:00am- 5:00pm

Location: 735 E. Lexington Dr.
Glendale, CA 91206

Employment



FOOTHILL EMPLOYMENT & TRAINING

Website: www.fwibworks.org

Services: Free training or job placements services.

Contact: (626) 796-5627

Hours: Mon-Fri 8:00am - 5:00pm

Location: 1207 E. Green St.
Pasadena, CA 91106

GLENDALE YOUTH ALLIANCE

Website: www.glendaleca.gov/government/city-departments/community-services-parks/youth-employment-services-gya

Services: Provides jobs and employment preparedness training for low-income youth ages 14-24 .

Contact: (818) 937-8052

Hours: Mon-Fri 8:00am - 5:00pm

Location: 1255 South Central Avenue
Glendale, CA 91204

VERDUGO JOBS CENTER

Website: www.verdugojobscenter.org

Services: Free training or job placement services. Unemployment insurance Benefits.

Contact: (818) 409-0476

Hours: Mon-Fri 8:00am - 5:00pm

Location: 1255 South Central Avenue
Glendale, CA 91204

Food Banks



CATHOLIC CHARITIES COMMUNITY SERVICES

Website: www.catholiccharitiesla.org

Services: Provide emergency food, clothing, emergency assistance & case management, at-risk youth services, immigration and citizenship services. Refugee resettlement program. Food pantry.

Contact: (818) 409-3080

Language: Spanish, Armenian, Farsi, French

Hours: Mon, Tue, Fri 10:00am - 3:00pm

Cost: \$0

Location: 4322 San Fernando Rd.
Glendale, CA, 91204

INTERFAITH FOOD PANTRY

Services: Distributes food to families in need at no cost.

Contact: (818) 760-3575

Hours: Mon-Fri 9:00am - 1:00pm

Location: 4387 Troost Ave.
Los Angeles CA 91604

LA REGIONAL FOOD BANK

Website: www.lafoodbank.org

Services: If you or your family face difficulties putting food on the table, this facility could help by providing you with free food at no cost. They have a monthly giving program and offer children/ senior nutrition programs.

Cost: \$0

Contact: (323) 234-3030

Hours: Mon-Fri 8:00am - 5:00pm

Location: 1734 E. 41st St.
Los Angeles, CA 90058

SALVATION ARMY

Website: www.salvationarmyusa.org

Services: Serves 60 million meals to anyone in need through its many soup kitchens, sit-down meal programs, food pantries, mobile meals, and community gardens.

Contact: (818) 246-5586

Hours: Mon-Fri for food ONLY
9:00am - 12:00pm & 1:30pm-4:30pm
CLOSED WEDNESDAY

Location: 320 W. Windsor Ave.
Glendale, CA 91204

WORLD HARVEST FOOD BANK

Website: www.worldharvestla.org

Services: If you find yourself in a difficult situation by not having sufficient food, WHFB can help by providing 150lbs worth of food for only \$30 after a brief registration process. If you are not able to pay this amount, you may volunteer in exchange for food. Volunteering only requires 4 hours of your time in one day.

Contact: (213) 746-2227

Cost: \$30

Hours: Mon-Fri 8:00am - 6:00pm
Saturday 8:00am- 3:00pm

Languages: English & Spanish

Location: 3200 South Grand Ave.
Los Angeles, CA 90005

Grief & Loss Services



COMPASSIONATE FRIENDS

Website: www.tcf-verdugo.org

Services: Mutual support groups involving death of a child. For bereaved parents, siblings, grandparents. Groups for miscarriage and infant death.

Contact: (818) 236-3635

Hours: 4th Thursday of each month, or 3rd Thursday of November and December, 7:30pm – 9:30pm

Cost: No charge

Location: Verdugo Hills Hospital
1812 Verdugo Blvd.
Glendale, CA 91208

GLENDALE ADVENTIST

Website: www.adventisthealth.org

Services: Grief support groups for widow, widowers, survivors of suicide. Groups are offered during the day and evening. Individual counseling available by request.

Contact: (818) 409-8008

Hours: Mon 6:00pm-7:30pm
Tues 11:00am-12:30pm
(Call first to verify meeting times)

Cost: Annual fee of \$30

Location: 1509 Wilson Terrace
Glendale, CA 91206

Insurance Services



A+ INSURANCE SERVICES

Website: www.rightplan.com

Services: Assists individuals and small businesses with health, dental and vision insurances, in addition to Medicare Supplemental or Medicare Advantage, Travel policies including trip protection and international medical insurance, and holistic wellness education .

Contact: (818) 508-7177

Hours: Mon - Fri 9:00am – 6:00pm
Sat 10:00am – 3:00pm

Cost: No charge

Language: English, Spanish, Russian, Armenian, Hebrew

LION'S HEALTH INSURANCE SERVICES

Website: www.lionsinsurance.com/health-insurance.php

Services: Provides assistance with health insurance enrollments, offering life, health, and disability insurance, including Medicare. Lions Insurance also assists with college planning and retirement planning.

Contact: (818) 265-0777

Hours: Mon-Fri 9:00am-5:30pm

Location: 500 N Brand Blvd., Suite 1930
Glendale, CA 91203

NEW YORK LIFE INSURANCE COMPANY

Website: www.newyorklife.com

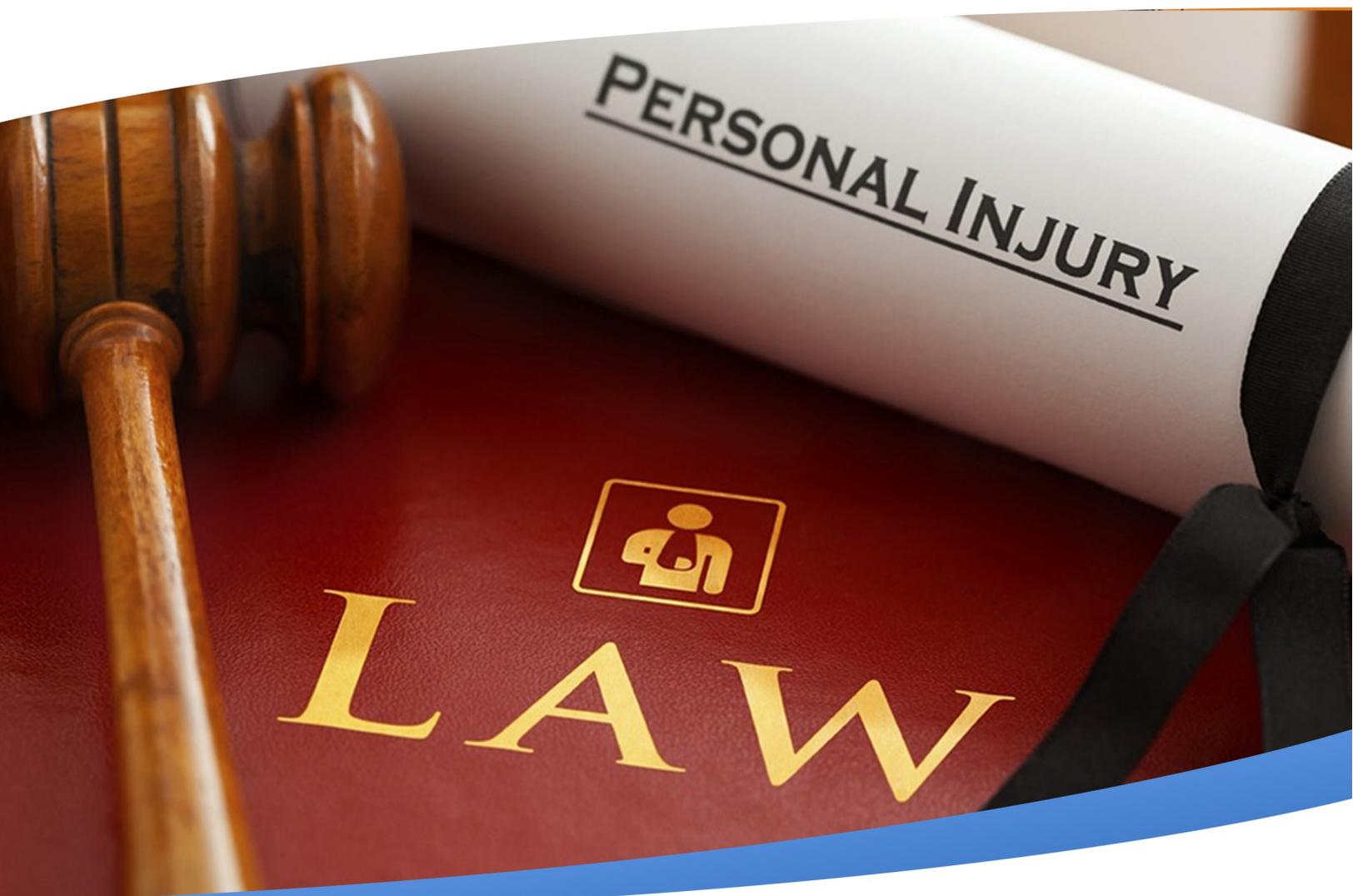
Services: Offers both annuity and life insurance products that can fit almost any budget and situation.

Contact: (818) 462-5492

Hours: Mon - Fri 9:00am-4:00pm

Location: 801 N Brand Blvd
Glendale, CA 91203

Legal Services



ARK FAMILY CENTER

Website: www.arkfamilycenter.org

Services: Appointment required. Provide divorce, paternity, restraining orders, custody or visitation orders. Help battered immigrant women wishing to petition.

Contact: (818) 662-7045

Cost: Costs vary by class

Location: 135 S. Jackson St. Suite 102
Glendale, CA 91205

I.M.C.E.S. - INSTITUTE FOR MULTICULTURAL COUNSELING & EDUCATION SERVICES

Website: www.imces.org

Services: Educating clients about their legal rights, preparing for court, advising, informing and assisting with family law cases including, but not limited to dissolution of marriage, legal separation, common law marriage, allocation of parental responsibility, and protection orders.

Contact: (818) 240-4311

Language: English, Spanish, Armenian, Farsi, Russian, Hebrew, Tagalog, Romanian

Cost: \$0-30 for individuals with Cal-Works

Hours: Mon-Fri 9:00am-5:00pm

Location: 121 W. Lexington Drive, Suite 300
Glendale, CA 91203

NEIGHBORHOOD LEGAL SERVICES

Website: www.catholiccharitiesla.org

Services: Emergency assistance, case management, immigration and citizenship services, & youth services

Contact: (800) 433-6251

Cost: Free for individuals with low income and living in Los Angeles County

Hours: Mon-Fri 9:00am-12:00pm,
1:00pm- 5:00pm

SALVADORAN AMERICAN LEADER- SHIP AND EDUCATIONAL FUND

Website: <https://www.salef.org/>

Services: A non-profit organization that is dedicated to helping minority communities fight for their rights against deportation, while also helping students in need of obtaining a higher education. SALEF is committed to providing a variety of services to the community including citizenship exam, preparation classes, scholarships for local youth, and summer program for individuals between the ages of 15-24 years of age.

Contact: (213) 480-1052

Hours: Mon-Fri 9:00am-5:00pm

ARMENIAN RELIEF SOCIETY

Website: www.arswestusa.org

Services: Referrals, translations, interpretation, transportation; employment services; English as a second language classes; Case management; Counseling services.

Contact: (818) 241-7533

Cost: \$0

Hours: Mon-Fri 8:00a.m. - 5:00p.m.

Location: 517 W. Glenoaks Blvd.
Glendale, CA 91202

ARROYOS TREATMENT CENTERS

Website: www.thearroyos.org

Services: Treat patients with ADHD, anxiety, bipolar, depressive, obsessive and psychotic disorders. Offer personalized treatment plans, outpatient, intensive outpatient, partial hospitalization and transitional living centers.

Contact: (877) 884-8272

Hours: Mon-Fri 8:30am– 5:30pm

Languages: English, Armenian, & Spanish

Location: 1 West California Blvd. Suite 321
Pasadena, CA 91105

DIDI HIRSCH MENTAL HEALTH SERVICES

Website: www.didihirsch.org

Services: 24 hour suicide crisis line, counseling for families that find themselves in emotional trouble.

Suicide Prevention Crisis Line: (800) 273-8255

Contact: (818) 244-7257

Cost: Accept Medi-Cal and Medicare Sliding Scale Fees do apply for those who do not have Medi-Cal/Medicare

Hours: Mon-Fri 9:00a.m. - 4:00p.m.

Location: 1540 E. Colorado Blvd.
Glendale, CA 91205

FULLER PSYCHOLOGICAL FAMILY SERVICES

Website: www.fuller.edu/fuller-psychological-and-family-services

Services: Honoring mind, body and spirit by offering individual therapy, group therapy, child/adolescent therapy, family/couples therapy.

Contact: English (626) 584-5555
Spanish (626) 304-3754

Cost: \$45-\$150

Hours: Mon-Thurs 8:00am - 9:00pm
Friday 8:00am - 5:00pm

Location: 180 N. Oakland Ave.
Pasadena, CA 91101

I.M.C.E.S. - INSTITUTE FOR MULTICULTURAL COUNSELING & EDUCATION SERVICES

Website: www.imces.org

Services: Offer domestic violence, anger management and parenting classes.

Contact: (818) 240-4311

Cost: \$20 per class

Hours: Class times vary

Languages: English, Spanish, Armenian, Farsi, Russian, Hebrew, Tagalog, Romanian

Location: 121 W. Lexington Drive, Suite 300
Glendale, CA 91203

PACIFIC CLINICS

Website: www.pacificclinics.org

Services: Provides innovative leadership in our communities, offering treatment, prevention and early intervention, program development and evaluation, research, training, and public education and advocacy, frequently in partnership with other social services organizations.

Contact: (818) 547-9544

Cost: Accepts Medi-Cal

Hours: Mon-Fri 9:00am-5:00pm

Location: 237 N. Central Ave
Glendale, CA 91203

PASADENA MENTAL HEALTH

Website: www.pmhcenter.org

Services: Parent education classes, group counseling, court order clients accepted.

Contact: (626) 798-0907

Languages: English & Spanish

Cost: \$20 and up
Sliding Scale Fees do apply

Hours: Mon– Thurs: 8:00am-9:00pm
Fri: 10:00am-6:00pm
Sat: 10:00am– 5:00pm
Sun: Closed

Location: 1495 N. Lake St.
Pasadena, CA 91104

Recreational Activities



CURVES

Website: www.curves.com

Services: All women gym. Get a 30 minute work out when you join. Offer unlimited fitness classes, meal plans, coaching and planning/tracking program to stay fit throughout your journey.

Contact: (323) 259-5800

Cost: Join for as little as \$10

Hours: Mon– Thurs: 6:00am– 7:30pm
Fri –Sat: 8:00am– 12:30pm

Location: 4870 N. Eagle Rock Blvd.
Los Angeles, CA 90041

GLASSWELL SWIMMING POOL

Website: www.glassell.lacitypools.com

Services: Community pool includes swimming lessons and sports teams.

Contact: (323) 226-1670

Cost: YOUTH-\$20.00 | ADULT-\$40.00

Hours: June 12 – August 13 Mon-Sun

Location: 3704 Verdugo Rd.
Los Angeles, CA 90065

NELA CROSS FIT

Website: www.nelaathletics.com

Services: Beginners build up series, crossfit, special classes such as yoga, weightlifting, and endurance classes

Contact: (323) 902-7625

Cost: Depends on membership, range from \$150-\$225

Hours: Mon-Fri 5:30am– 9:30pm
Sat 8:30am– 1:00pm
Sun 10:30am-1:00pm, 4:30pm-5:30pm

Location: 4662 N. Eagle Rock Blvd.
Los Angeles, CA 90041

PILATES – EAGLE ROCK

Website: www.pilateseaglerock.com

Services: Provide private sessions, group classes, 2/3 instructors at a time

Contact: (323) 254-4444

Cost: Depends on the class you sign up for. Range from \$18-\$50

Hours: Mon– Sat: 8:00am– 9:00pm
Fri: 8:00am– 4:00pm
Sat: 8:00am-2:00pm
Sun: 9:00am-3:00pm

Location: 2002 Colorado Blvd
Los Angeles, CA 90041

YOSEMITE RECREATION CENTER

Website: www.yosemite.lacitypools.com

Services: Offer swimming lessons and it is open to the public.

Contact: (323) 257-1644

Cost: Range from \$1-\$3.50 depending on age

Hours: June– August every Summer
Mon-Sat: 10:00am– 6:00pm

Location: 1840 Yosemite Dr.
Los Angeles, CA 90041

Self-Help Groups



ALA-NON FAMILY

Contact: (818) 760-7122

Friends and families of problem drinkers find understanding and support at these meetings.

ALATEEN

Contact: (888) 425-2666

Fellowship for young people whose lives has been affected by alcoholism in a family member or close friends.

ALCOHOLICS ANONYMOUS

Contact: (323) 936-4343

If you or someone you know have an alcohol problem, AA meetings are available to share with.

COCAINE ANONYMOUS

Contact: (818) 760-8402

12 step program for people who seek recovery in cocaine addiction.

CRYSTAL METH ANONYMOUS

Contact: (855) 638-4373

12 step program for people who seek recovery in crystal meth addiction.

DEPRESSED ANONYMOUS

Contact: (502) 569-1989

12 step program seeks to prevent depression through education and by creating a supportive caring community through support groups.

DUAL RECOVERY ANONYMOUS

Contact: (877) 742-7349

Provide support groups for those who have concurrent disorders. (Emotional or psychiatric illness together with drug or alcohol problem).

EMOTIONAL HEALTH ANONYMOUS

Contact: (651) 647-9712

12 step program for recovery from mental and emotional illness.

GAMBLERS ANONYMOUS

Contact: (855) 222-5542

12 step program for people who have a gambling problem.

MARIJUANA ANONYMOUS

Contact: (800) 766-6779

12 step program for recovery from marijuana.

NAR-ANON FAMILY GROUPS

Contact: (800) 477-6291

12 step program for families & friends of addicts.

NARCOTICS ANONYMOUS

Contact: (323) 933-5395

If you have any drug problem, meetings are available to support your recovery.

NICOTINE ANONYMOUS

Contact: (877) 879-6422

12 step program to help live a nicotine-free life.

OBSESSIVE COMPULSIVE

Contact: (617) 973-5801

Provide support, assistance, and education.

SEXAHOLICS ANONYMOUS

Contact: (866) 424-8777

12 step program to help those who believe they have a sex addiction and might want to change their behavior.

SMOKENDERS

Contact: (800) 828-4357

Online 7 weekly session program to help you determine your specific smoking triggers and linkages and then shows you how to recognize these and reprogram yourself to quit.

Shelters



ASCENCIA

Website: www.ascenciaca.org

Services: Lifting people out of homelessness by providing emergency shelters, access centers, case management, transitional housing for homeless.

Contact: (818) 246-7900

Hours: Mon– Wed & Fri 7:00am– 4:00pm
Thurs: 7:00pm– 2:00pm
CLOSED last Friday of each month

Cost: \$0 for Homeless individuals who live in SPA 2

Location: 1851 Tyburn St.
Glendale, CA 91204

A COMMUNITY OF FRIENDS

Website: www.acof.org

Services: Permanente affordable housing to homeless & mentally ill adults, and other special need populations

Contact: (213) 480-0809

Hours: Mon– Fri 9:00am– 5:00pm

Cost: \$0

Location: 3701 Wilshire Blvd, Suite 700
Los Angeles CA 90010

ANGEL'S FLIGHT AT RISK YOUTH SERVICES

Website: www.catholiccharitiesla.org

Services: A 16 bed facility serving 10-17 years olds up to 21 says. Offer individual, group, and family counseling, telephone and crisis counseling. Supervised recreation, emergency food and clothing, community outreach and so much more at no cost.

Contact: (213) 413-2311

Hours: Open 24 hours

Languages: English & Spanish

Cost: \$0

Location: 1671 Beverly Blvd,
Los Angeles, CA 90026

COVENANT HOUSE CALIFORNIA

Website: www.covenanthousecalifornia.org

Services: Transitional program for youth. Include van outreach, health services, mental health services, substance abuse.

Contact: (323) 461-3131

Language: English and Spanish

Cost: \$0

Location: 1325 N. Western Ave.
Hollywood, CA 90027

GATEWAY PROJECT/UNION RESCUE MISSION

Website: www.urm.org/services/gateway-project

Services: Provides 6 month transitional housing for single parents with children. Offers shelter, food, clothing, medical, dental, and mental health care.

Contact: (213) 347-6300

Cost: \$210 monthly fee

Location: 545 S. Pedro St.
Los Angeles, CA 90013

GOOD SHEPARD CENTER

Website: www.gscheless.org

Services: Transitional residence for the homeless women and children preparing to re-enter the mainstream, job training, counseling, referrals.

Contact: (213) 235-1460

Cost: 30% of income

Hours: Mon– Friday 8:00am-5:00pm

Languages: English, Spanish & Vietnamese

Location: 1671 Beverly Blvd
Los Angeles, CA 90026

JOVENES, INC HOMELESS YOUTH ACCESS

Website: www.jovenesinc.org

Services: Provides stable housing and emergency housing, along with other community-based services for 18-25 year olds to lead productive lives.

Contact: (323) 260-8035

Cost: You are able to stay in emergency shelter for free for up to 90 days, as they create and implement their individuals plans, job search etc.

Location: 1208 Pleasant Ave
Los Angeles, CA 90033

LA FAMILY HOUSING

Website: www.lafh.org

Services: Provide temporary, permanent and supportive housing for the homeless.

Contact: (323) 264-1114

Hours: Mon-Fri 8:00am-4:30am

Cost: Free with referral

Location: 207 N. Breed St.
Los Angeles, CA 90033

LAMP COMMUNITY

Website: www.lampcommunity.org

Services: Serving LA's most vulnerable homeless. Provide homes, showers and meals.

Contact: (213) 488-9559

Hours: Mon-Fri 8:00am-5:00pm

Cost: \$0

Location: 526 San Pedro St.
Los Angeles, CA 90013

PEOPLE ASSISTING THE HOMELESS

Website: www.epath.org/site/main.html

Services: PATH is a transitional housing program for men, women, families and those with special needs. Each program consists of transitional beds, services & facilities geared to individual needs. Access to program provides initial intake, needs assessment & referral services.

Contact: (323) 644-2216

Cost: \$0

Hours: Mon-Fri 8:00am-4:00pm

Location: 340 N. Madison Ave.
Los Angeles, CA 90004

PUBLIC COUNSEL

Website: www.publiccounsel.org

Services: Provides representation to over 15,000 homeless individuals & families before administration agencies to secure shelter, clothing, food and other vital benefits.

Contact: (213) 385-2977

Hours: Mon-Fri 9:00am-12:30pm
1:30am-5:15pm

Cost: \$0

Location: 610 S. Ardmore St.
Los Angeles, CA 90005

SALVATION ARMY

Website: www.salvationarmyusa.org

Services: Group homes, emergency shelters, and transitional living centers provide housing, food, and overnight lodging for varying amounts of time to those in need.

Contact: (818) 246-5586

Language: Spanish & English

Hours: Mon-Fri for food ONLY
9:00am-12:00pm & 1:30pm-4:30pm
CLOSED Wednesday

Cost: Referral Only

Location: 320 W. Windsor Ave.
Glendale, CA 91204

Substance Abuse



AA WINDSOR CLUB

Website: www.glendalewindsorclub.com

Services: Meet with other group members / support group for Alcoholic's Anonymous. Have discussions towards their struggles and how they were able to overcome their addiction.

Contact: (818) 242-1350

Cost: No cost

Languages: English, Armenian, & Spanish

Hours: Open Mon-Fri (Discussion times vary)
Call for more info.

Location: 123 W. Windsor Rd.
Glendale, CA 91204

ADDICTION COUNSELING (PRIVATE PRACTICE)

Services: Benjamin Salazar is a private and licensed marriage family therapist. He specializes in chemical addictions & trauma for all ages.

Contact: (213) 448-5969 (Ask for Benjamin)

Cost: \$45 and up

Hours: Flexible (Weekends available)

CHILDREN'S HOSPITAL LA - SAP

Website: www.chla.org

Services: Screenings, Assessments, individual/ group therapy are offered to educate and prevent substance abuse.

Contact: (323) 361-2463

Cost: Family and group sessions are free for seniors and ages 10-25.

Hours: Tuesday from 8:30am-11:15am

Location: 5000 Sunset Blvd., Suite 701,
7th Floor, Los Angeles, CA 90027

CHRISTIAN ASSEMBLY CHURCH

Website: www.cachurch.com

Services: Offers a variety of faith-based recovery courses and groups. Areas covered: alcohol/substance addictions, sexual addictions, family of origin issues, survivors of sexual abuse, financial management, and effects from divorce. Call for meeting times.

Contact: (323) 255-1421

Cost: \$0

Hours: Sat 6:00pm & Sun 9:00am,
11:15am, 6:00pm

Location: 2424 Colorado Blvd,
Los Angeles, CA 90041

FRESH START

Services: Offer detoxifying treatments from drugs and alcohol abuse.

Contact: (855) 734-2223

Cost: Depends on case

Hours: Mon-Fri 7:30am-6:00pm
Sat & Sun 8:00am-4:00pm

Location: 225 Broadway St.
Glendale, CA 91205

GLENDALE ADVENTIST MEDICAL CENTER

Website: www.adventisthealth.org

Services: GAADS program offer detoxifying treatments from drugs and alcohol abuse.

Contact: (818) 242-3116

Cost: Depends on insurance

Hours: Open 24 hours everyday of the week

Location: 1509 Wilson Terrace
Glendale, CA 91206

NEW INSIGHT PROGRAM

Services: Drug and alcohol counseling, education and tobacco awareness for 18+. Drug division referred by court, don't do outpatient service.

Contact: (818) 242-2308

Cost: Depends on court

Hours: Court will schedule appointment

Location: 522 Broadway Blvd. Suite 101
Glendale, CA 91205

PACIFIC CLINICS – SUBSTANCE ABUSE PROGRAM

Website: www.pacificclinics.org

Services: Provides drug alcohol treatment program, information and referral prevention. Individual therapy for adults and children.

Contact: (818) 547-9544

Cost: Only accept Medical

Hours: 9:00am-5:00pm

Location: 237 N. Central Ave
Glendale, CA 91203

Utility Services



DEPARTMENT OF WATER AND POWER

Services: Electricity bill assistance for low income residents. Discounts are given to those with lifesaving equipment.

Contact: (213) 367-8189

Hours: Mon-Thurs 7:30am– 5:30pm
Fri 8:00am-5:00pm

Location: 2333 Ripple St.
Los Angeles, CA 90039

LOS ANGELES DEPARTMENT OF WATER AND POWER

Services: Utility bill assistance with shut off notice.

Contact: (213) 367-4211

Hours: Mon-Fri 9:00am– 5:00pm

Location: 1630 N. Main St.
Los Angeles, CA 90012

Acknowledgement

This Community Resource Guide has been developed for you by:



Comprehensive Community Health Centers
Your Health, Our Mission.

CCHC serves as a medical home to individuals and individuals across the life span, including the low-income and underserved. CCHC serves a large immigrant population including Latino, Armenian, and Asian populations. CCHC's health care providers speak the languages of the community.

CCHC opens its doors to patients from all demographics and cultures. We are excited to accommodate individuals from all walks of life and to ensure everyone gets the healthcare they need.

CCHC is licensed by the State of California, led by an independent Board of Directors and is a FQHC Program quarantine under 42 U.S.C. 254b. All providers are deemed federal employees, with resultant coverage under the Federal Tort Claims Act (FTCA) for actions within the scope of deemed employment, pursuant to 42 U.S.C. 233(g)-(n).

5 Convenient Locations



North Hollywood
12157 Victory Blvd.
North Hollywood, CA 91606



Sunland
8316 Foothill Blvd.
Sunland, CA 91040



Glendale
801 S. Chevy Chase Dr. #250
Glendale, CA 91205



Eagle Rock
1704 Colorado Blvd.
Los Angeles, CA 90041



Highland Park
5059 York Blvd.
Los Angeles, CA 90042

For more information about our services visit

www.cchccenters.org

