



Comprehensive Community Health Centers  
Your Health, Our Mission.

# Community Resource Guide



## Highland Park

# Introduction

Comprehensive Community Health Centers, Inc. (CCHC) is a Federally Qualified Health Center (FQHC) and a California Non-Profit Public Benefit Corporation.

CCHC is among the top community health center systems in Los Angeles County having grown in health service visits from 45,000 visits in 2004 to over 129,000 visits in 2015. With this guide, CCHC will provide you with the proper resources to help you an your families.

## What you will find

The Community Resource Guide for Comprehensive Community Health Centers is divided into 14 sections.

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# 2-1-1 LA County– Infoline



## *2-1-1 LA County Infoline*

**Website:** [www.healthcity.com](http://www.healthcity.com)

**Services:** Dial 2-1-1 from any area code for free 24-hr multilingual information & referrals to human services. Referrals are available for domestic violence, emergency shelters, health services, childcare, substance abuse, counseling, family planning, consumer issues, welfare, emergency food, legal referrals, youth programs, senior services, transportation, mental health issues, etc.

**Contact:** TTY/TTD (800) 660-4026

**Hours:** Office Mon– Fri 8:00am– 5:00pm

**Languages:** Spanish and 140 other languages during regular business hours.

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# Child Support Services



## *LA County Child Support Services Dept.*

**Website:** <http://www.childsup.ca.gov/>

**Services:** Establish and enforce orders when a child receives public assistance or when a parent or legal caretaker requests services.

**Contact:** (866) 901-3212

**Hours:** Mon– Fri 7:30am– 5:00pm

**Location:** 600 S. Commonwealth Ave, Los Angeles CA 90005

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## *Office of Inspector General*

**Website:** <https://oig.hhs.gov/>

**Services:** Can intervene in child support cases where the paying parent lives in a state other than where the child lives and refuses to pay over 1 year, amount owing is more than \$5,000 or if the paying parent moves to avoid paying.

**Contact:** (818) 543-1172

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# Crisis Hotlines



*National Crisis Talk Hotline*

**Contact:** (800) 273– 8255

*National Suicide Hotline*

**Contact:** (800) 784-2433

*Psychiatric Evaluation Team*

**Contact:** (800) 854-7771

*Cutting, depression, loneliness*

**Contact:** (800) 422-4673

*National Domestic Violence Hotline*

**Contact:** (800) 799-7233

*National Human Trafficking Resource  
Center*

**Contact:** (888) 373-7888

*USA National Child Abuse Hotline*

**Contact:** (800) 422-4453

*National Runaway Safe line*

**Contact:** (800) 786-2929

*National Eating Disorders Association*

**Contact:** (800) 931-2237

*GLBT National Youth Talk*

**Contact:** (800) 246-7743

*Planned Parenthood*

**Contact:** (800) 230-7526



# Domestic Violence



### *Adult Protective Services*

**Website:** <http://css.lacounty.gov/>

**Services:** They investigate all reports that have been made due to victim being endangered by physical, sexual or financial abuse, isolation, neglect, or self neglect. Serve Ages 65 and older and dependent adults 18-64 years of age.

**Contact:** (888) 202-4248

**Languages:** English & Spanish

**Cost:** \$0

**Hours:** Mon-Fri 8:00am-5:00pm

**Location:** 3333 Wilshire Blvd. #400 Los Angeles, Ca 90010

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### *Elder Abuse Unit*

**Services:** If you or anyone you know are a witness of domestic violence call and report adult abuse including disabled adults.

**Contact:** (877) 477-3646

**Hotline** (888) 202-4248

**Cost:** \$0

**Hours:** 24 Hour Hotline

**Location:** 600 E. Broadway Room 280 Glendale, CA 91206

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### *Korean American Family Services*

**Website:** <http://kfamla.org/>

**Services:** Provides quality intervention, prevention and outreach services for immigrant families affected by domestic violence. Provide crisis intervention, counseling and support for victims.

**Contact:** (213) 389-6755

**Cost:** \$0

**Languages:** English, Korean & Armenian

**Hours:** Mon– Fri 9:00am– 5:30pm

**Location:** 3727 W. 6th #320, Los Angeles CA 90020

### *LA County Domestic Violence Council*

**Website:** <http://da.co.la.ca.us/victims>

**Services:** Domestic Violence referral services (outreach, parenting, transitional housing, counseling, batterer's treatment, VAWA, etc.). Offer community workshops and training referrals.

**Contact:** (800) 978 – 3600

**Cost:**

**Hotline** (800) 799 – 7233

**Location:** 500 W. Temple St. Room B-50

Los Angeles, CA 90012

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### *Peace Over Violence*

**Website:** <http://www.peaceoverviolence.org/>

**Services:** Interventions, prevention, education and advocacy towards domestic violence. Individual and group counseling and offer self-defense programs.

**Contact:** (213) 955-9090

**Cost:** \$0

**Hours:** Mon– fri 9:00am-5:00pm

**24hr Rape& Battering Hotline** (626)793-3385

**Location:** 1015 Wilshire Blvd, Suite 200, Los Angeles CA 90017

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### *YWCA– Glendale*

**Website:** <http://www.glendaleywca.org/>

**Services:** Provide emergency shelter, domestic violence education, individual counseling, legal advocacy, and support groups

**Contact:** (818) 242-4155

**Hotline:** (888) 999-7311

**Cost:** \$0

**Hours:** Mon – Fri 9:00am-5:00pm

**Location:** 735 E. Lexington Dr. Glendale, CA 91206

# Employment



### *Foothill Employment & Training*

**Website:** [www.fwibworks.org](http://www.fwibworks.org)

**Services:** Free training or job placements services

**Contact:** (626) 796-5627

**Hours:** Mon-Fri 8:00am– 5:00pm

**Location:** 1207 E. Green St. Pasadena, CA 91106

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### *Verdugo Jobs Center*

**Website:** [www.verdugoJobscenter.org](http://www.verdugoJobscenter.org)

**Services:** Free training or job placement services.  
Unemployment insurance Benefits.

**Contact:** (818) 409-0476

**Hours:** Mon-Fri 8:00am– 5:00pm

**Location:** 1255 South Central Avenue Glendale, CA  
91204

# Food Banks



## *Catholic Charities Community Services*

**Website:** <http://catholiccharitiesla.org/>

**Services:** Provide emergency food, clothing, emergency assistance & case management, at-risk youth services, immigration and citizenship services. Refugee resettlement program. Food pantry.

**Contact:** (818) 409-3080

**Language:** Spanish, Armenian, Farsi, French spoken.

**Hours:** Mon, Tues, & Fri 10:00am-3:00pm

**Cost:** \$0

**Location:** 4322 San Fernando Rd. Glendale, CA

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## *LA Regional Food Bank*

**Website:** <https://www.lafoodbank.org/>

**Services:** If you or your family face difficulties putting food on the table, this facility could help by providing you with free food at no cost. They have a monthly giving program and offer children/senior nutrition programs.

**Cost:** \$0

**Contact:** (323) 234-3030

**Hours:** Mon-Fri 8:00am-5:00pm

**Location:** 1734 E. 41st St. Los Angeles, CA 90058

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## *Salvation Army*

**Website:** [www.salvationarmyusa.org](http://www.salvationarmyusa.org)

**Services:** Serves 60 million meals to anyone in need through its many soup kitchens, sit-down meal programs, food pantries, mobile meals and community gardens.

**Contact:** (818) 246-5586

**Cost:** \$0

**Hours:** Mon-Fri for food ONLY 9:00am-12:00pm

& 1:30pm-4:30pm

CLOSED Wednesday

**Location:** 320 W. Windsor Ave. Glendale, CA

## *Interfaith Food Pantry*

**Services:** Distributes food to families in need at no cost.

**Contact:** (818) 760-3575

**Hours:** Mon-Fri 9:00am– 1:00pm

**Cost:** Free Distribution

**Location:** 4387 Troost Ave, Los Angeles CA 91604

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## *World Harvest Food Bank*

**Website:** <http://www.worldharvestfoodbank.org/>

**Services:** If you find yourself in a difficult situation by not having sufficient food, WHFB can help by providing 150lbs worth of food for only \$30 after a brief registration process. If you are not able to pay this amount, you may volunteer in exchange for food. Volunteering only requires 4 hours of your time in one day.

**Contact:** (213) 746-2227

**Cost:** \$30

**Hours:** Mon-Fri 8:00am-6:00pm Saturday 8:00am-3:00pm

**Languages:** English & Spanish

**Location:** 3200 South Grand Ave, Los Angeles, CA 90005



# Grief & Loss Services



## *Compassionate Friends*

**Website:** <https://www.adventisthealth.org>

**Services:** Mutual support groups involving death of a child. For bereaved parents, siblings, grandparents. Groups for miscarriage and infant death.

**Contact:** (818) 236-3635

**Hours:** Every 4th Thursday of each month, 7:30pm–9:30pm

**Cost:** No charge

**Location:** 1812 Verdugo Blvd. Verdugo Hills Hospital., Glendale CA 91208

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## *Glendale Adventist*

**Services:** Grief support groups for widow, widowers, survivors of suicide. Groups are offered during the day and evening. Individual counseling available by request.

**Contact:** (818) 409-8008

**Hours:** Mon 6:00pm-7:30pm

Tues 11:00am-12:30pm

(\*May need to call first to check meeting times)

**Cost:** Annual fee of \$30

**Location:** 1509 Wilson Terrace, Glendale, CA 91206



# Legal Services



## *I.M.C.E.S*

**Website:** <http://www.arkfamilycenter.org/>

**Services:** Appointment required. Provide divorce, paternity, restraining orders, custody or visitation orders. Help battered immigrant women wishing to petition.

**Contact:** (818) 240-4311

**Hours:** Mon-Fri 9:00am-5:00pm

**Cost:** 0-\$30 for individuals with Cal-Works

**Location:** 431 N. Brand Ave, Suite 202 Glendale CA

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## *Neighborhood Legal Services*

**Website:** <http://catholiccharitiesla.org/>

**Services:** Emergency assistance, case management, immigration and citizenship services & youth services

**Contact:** (800) 433-6251

**Cost:** Free for individuals with low income and living in Los Angeles County

**Hours:** Mon-Fri 9:00am-12:00pm, 1:00pm-5:00pm

**Location:** 1104 E. Chevy Chase Drive, Glendale CA 91205

# Mental Health



### *Armenian Relief Society*

**Website:** <http://www.arswestusa.org/>

**Services:** Referrals, translations, interpretation, transportation; employment services; English as a second language classes; Case management; Counseling services;

**Contact:** (818) 241-7533

**Cost:** \$0

**Hours:** Mon-Fri 8:00am-5:00pm

**Location:** 517 W. Glenoaks Blvd. Glendale, CA

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### *Ark Family Center*

**Website:** <http://www.arkfamilycenter.org/>

**Services:** Therapy/ Counseling services for youth, adults and professionals.

**Contact:** (818) 662-7045

**Cost:**

**Hours:**

**Location:** 135 S. Jackson St Suite 102 Glendale, CA

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### *Didi Hirsch Mental Health Services*

**Website:** <http://www.didihirsch.org/>

**Services:** 24 hour suicide crisis line, counseling for families that find themselves in emotional trouble.

**Suicide prevention Crisis Line:** (800) 273-8255

**Contact:** (818) 244-7257

**Cost:** Accept Medi-Cal and Medicare

Sliding Scale Fees do apply for those who do not have Medi-Cal/Medicare

**Hours:** Mon-Fri 9:00am-4:00pm

**Location:** 1540 E. Colorado Blvd. Glendale, CA

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### *Fuller Psychological Family Services*

**Website:** <http://fuller.edu/fuller-psychological-and-family-services/>

**Services:** Honoring mind, body and spirit by offering individual therapy, group therapy, child/adolescent therapy and family/couples therapy.

**Contact:** English (626) 584-5555 Spanish 626-304-3754

**Cost:** \$45-\$150

**Hours:** Mon-Thurs 8:00am-9:00pm

Friday 8:00am-5:00pm

**Location:** 180 N. Oakland Ave Pasadena, CA 91101

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### *Institute Multicultural Counseling*

**Website:** <http://www.imces.org/>

**Services:** Offer domestic violence, anger management and parenting classes.

**Contact:** (818) 240-4311

**Cost:** \$20 per class

**Hours:** Class time vary

**Languages:** English, Spanish, Armenian, Farsi, Russian, Hebrew, Tagalog

**Location:** 431 N. Brand Blvd. Suite 202 Glendale, CA

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### *Pacific Clinics*

**Website:** <http://www.pacificclinics.org/>

**Services:** Provides innovative leadership in our communities, offering treatment, prevention and early intervention, program development and evaluation, research, training, and public education and advocacy, frequently in partnership with other social services organizations.

**Contact:** (818) 547-9544

**Hours:** Mon-Fri 9:00am-5:00pm

**Cost:** Accept Medi-Cal

**Location:** 237 N. Central Ave Glendale, CA

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## *Pasadena Mental Health*

**Website:** <http://www.pmhcenter.org/>

**Services:** Parent education classes, group counseling, court order clients accepted

**Contact:** (626) 798-0907

**Languages:** English & Spanish

**Hours:** Mon-Thurs: 8:00am-9:00pm

Fri: 10:00am-6:00pm

Sat: 10:00am-5:00pm

Sun: Closed

**Cost:** \$20 and Up

Sliding Scale Fees do apply

**Location:** 1495 N. Lake St. Pasadena, CA

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## *Starview Community Services*

**Website:** <http://www.starsinc.com/>

**Services:** Provide their services in schools, home and other community settings, Offer school-based programs, therapeutic behavioral services and clinical services

**Contact:** (323) 255-8269

**Cost:**

**Hours:**

**Location:** 5420 N Figueroa St, Los Angeles, CA 90042



# Physical Activities



### *Highland Park Cross Fitness*

**Website:** <http://highlandparkcf.com/>

**Services:** Endure your strength, flexibility, balance, speed and coordination with a CrossFit instructor. They will help you use your own bodyweight for resistance in order to build power overall.

**Contact:** (323) 443-5917

**Cost:** Drop in Class \$20 Month to Month Membership \$150

**Hours:** Classes Range in time. Check website for schedule

**Location:** 5917 N Figueroa St. Los Angeles CA 90042

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### *Highland Park Pool*

**Website:** <http://www.laparks.org/>

**Services:** Offer sports such as Novice inner Tube water polo, Novice Swim Team and synchronized swimming. Provide swimming lessons.

**Contact:** (323) 257-5924

**Cost:** All prices vary, depending on age range. Entry Fee -Less than \$3

**Hours:** Mon– Fri: 2:00pm– 6:00pm

Saturday & Sunday 1:00pm– 5:00pm

**Location:** 6150 Piedmont Ave. Los Angeles, CA 90042

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### *We Rock the Spectrum*

**Website:** [www.werockthespectrumglendale.com](http://www.werockthespectrumglendale.com)

**Services:** Include Open Play for infants and up. Parent must attend at all times.

**Contact:** (818) 945-5444

**Cost:** \$12 per child, All day Pass \$20

**Hours:** Mon– Sat: 9:00am-7:00pm

Sun: 11:0am– 7:00pm

**Location:** 413 S. Central Ave, Unit E. Glendale, CA 91204

### *YMCA– Glendale*

**Website:** <http://www.glenymca.org/>

**Services:** Fitness classes, dancing classes for all ages, camping, sports, personal exercise

**Contact:** (818) 240-4130

**Cost:** Depends on membership packet

**Hours:** Mon– Fri: 5:45am– 10pm

Sat: 6:30am– 5:30pm

Sun: 1:00pm– 5:00pm

**Location:** 140 N Louise St. Glendale, CA 91206

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# Self-Help Groups





*Ala-Non Family*

*AlaTeen*

*Alcoholics Anonymous*

*Cocaine Anonymous*

*Crystal Meth Anonymous*

*Depressed Anonymous*

*Dual Recovery Anonymous*

*Emotional Health Anonymous*

*Gamblers Anonymous*

*Marijuana Anonymous*

*Nar-Anon Family groups*

*Narcotics Anonymous*

*Nicotine Anonymous*

*Obsessive Compulsive*

*Sexaholics Anonymous*

*Smokenders*

818-760-7122 \* Friends and families of problem drinkers find understanding and support at these meetings.

1-888-425-2666 \* Fellowship for young people whose lives has been affected by alcoholism in a family member

1-323-936-4343 \* If you or someone you know have an alcohol problem, AA meetings are available to share your

1-818-760-8402 \* 12 step program for people who seek recovery in cocaine addiction

1-855-638-4373 \* 12 step program for people who seek recovery in crystal meth

1-502-569-1989 \* 12 step program seeks to prevent depression through education and by creating a supportive caring community

1-877-742-7349 \* Provide support groups for those who have a co-occurrent disease. (Emotional or psychiatric illness/ drug problem

1-651-647-9712 \* 12 step program for recovery from mental and emotional illness

1-855-222-5542 \* 12 step program for people who have a gambling problem

1-800-766-6779 \* 12 step program for recovery of marijuana

1-800-477-6291 \* 12 step program for families & friends of addicts

1-323-933-5395 \*If you have any drug problem, meetings are available to support your recovery

1-877-879-6422 \* 12 step program to help live a nicotine free life.

1-617-973-5801 \* Provide support , assistance and education

1-866-424-8777 \* 12 step program to help those who believe they have a sex addiction and might want to change your behavior

1-800-828-4357 \* Online 7 weekly session program to help you determine your specific smoking triggers and linkages and then shows you how to recognize these and reprogram yourself to quit.

# Shelters



## *Ascencia*

**Website:** <http://www.ascenciaca.org/>

**Services:** Lifting people out of homelessness by providing emergency shelters, access centers, case management, transitional housing for homeless.

**Contact:** (818) 246-7900

**Hours:** Mon– Wed & Fri 7:00am– 4:00pm

Thurs: 7:00pm– 2:00pm

CLOSED every last Friday of the month

**Cost:** \$0 for Homeless individuals who live in SPA 2

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## *A Community of Friends*

**Website:** <http://www.acof.org/>

**Services:** Permanent affordable housing to homeless & mentally ill adults, and other special need populations.

**Contact:** (213) 480-0809

**Hours:** Mon-Fri 9:00am-5:00pm

**Cost:** \$0

**Location:** 3701 Wilshire Blvd, Suite 700, Los Angeles CA 90010

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## *Angel's Flight At risk Youth Services*

**Website:** <http://catholiccharitiesla.org/>

**Services:** A 16 bed facility serving 10-17 years olds for up to 21 days. Offer individual, group and family counseling, telephone and crisis counseling. Supervised recreation, emergency food and clothing, community outreach and so much more at no cost.

**Contact:** (213) 413-2311

**Cost:** \$0

**Hours:** Open 24 hours

**Languages:** English & Spanish

**Location:** 357 S. Westlake Ave. Los Angeles CA 90057

## *Covenant House California*

**Website:** <http://covenanthousecalifornia.org/index-pg.php>

**Services:** Transitional program for youth. Include van outreach, health services, mental health services, substance abuse

**Contact:** (323) 461-3131

**Language:** English and Spanish

**Cost:** \$0

**Hours:** Mon– Fri 9:00am-5:00pm

**Location:** 1325 N. Western Avenue Hollywood, CA 90027

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## *Gateway Project/ Union Rescue Mission*

**Website:** <http://urm.org/services/gateway-project/>

**Services:** Provides 6 month transitional housing for single parents with children. Offers shelter, food, clothing, medical, dental, and mental health care.

**Contact:** (213) 347-6300

**Hours:**

**Cost:** \$210 monthly fee

**Location:** 545 S. San Pedro St. Los Angeles CA

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## *Good Shepard Center*

**Website:** <http://www.gschohomeless.org/contact/contact.htm>

**Services:** Transitional residence for the homeless women and children preparing to re-enter the mainstream, job training, counseling, referrals.

**Contact:** (213) 235-1460

**Cost:** 30% of income

**Hours:** Mon– Friday 8am-5:00pm

**Languages:** English, Spanish & Vietnamese

**Location:** 1671 Beverly Blvd, Los Angeles CA

## *Jovenes, INC Homeless Youth Access*

**Website:** <http://www.jovenesinc.org/>

**Services:** Provides stable housing and emergency housing, along with other community-based services for 18-25 year olds to lead productive lives.

**Contact:** (323) 260-8035

**Hours:**

**Cost:** You are able to stay in emergency shelter for free for up to 90 days, as they create and implement their individuals plans, job search etc.

**Location:** 1208 Pleasant Ave Los Angeles, CA

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## *LA Family Housing*

**Website:** <http://www.lafh.org/>

**Services:** Provide temporary, permanent and supportive housing for the homeless.

**Contact:** (323) 264-1114

**Hours:** Mon-Fri 8:00am-4:30am

**Cost:** Free with referral

**Location:** 207 N. Breed St. Los Angeles, CA

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## *Lamp Community*

**Website:** <http://www.lampcommunity.org/>

**Services:** Serving LA's most vulnerable homeless. Provide homes, showers and meals.

**Contact:** (213) 488-9559

**Hours:** Mon-Fri 8:00am-5:00pm

**Cost:** \$0

**Location:** 526 San Pedro St. Los Angeles, CA 90013

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## *People Assisting the Homeless*

**Website:** <http://www.epath.org/site/main.html>

**Services:** PATH is a transitional housing program for men, women, families and those with special needs. Each program consists of transitional beds, services & facilities geared to individual needs. Access to program provides initial intake, needs assessment & referral services.

**Contact:** (323) 644-2216

**Cost:** \$0

**Hours:** Mon-Fri 8:00am-4:00pm

**Location:** 340 N. Madison Ave Los Angeles, CA 90004

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## *Public Counsel*

**Website:** <http://www.publiccounsel.org/>

**Services:** Provides representation to over 15,000 homeless individuals & families before administration agencies to secure shelter, clothing, food and other vital benefits.

**Contact:** (213) 385-2977

**Hours:** Mon-Fri 9:00am-12:30pm  
1:30am-5:15pm

**Cost:** \$0

**Location:** 610 S. Ardmore St. Los Angeles, CA

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## *Salvation Army*

**Website:** [www.salvationarmyusa.org](http://www.salvationarmyusa.org)

**Services:** Group homes, emergency shelters, and transitional living centers provide housing, food, and overnight lodging for varying amounts of time to those in need.

**Contact:** (818) 246-5586

**Language:** Spanish & English

**Hours:** Mon-Fri for food ONLY 9:00am-12:00pm  
& 1:30pm-4:30pm

CLOSED Wednesday

**Cost:** Referral Only

**Location:** 320 W. Windsor Ave. Glendale, CA

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# Substance Abuse





### *AA Windsor Club*

**Website:** [www.glendalewindsorclub.com](http://www.glendalewindsorclub.com)

**Services:** Meet with other group members/ support group for Alcoholic's Anonymous.

**Contact:** (818) 242-1350

**Languages:** English, Armenian & Spanish

**Cost:** Free

**Hours:** Open Mon-Fri (Discussion times vary) **Call for more info.**

**Location:** 123 W. Windsor Rd. Glendale, CA

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### *Addiction Counseling*

**Services:** Benjamin Salazar is a private and Licensed Marriage family therapist. He specializes in chemical, addictions, trauma for all ages.

**Contact:** (213) 448-5969 (Ask for Benjamin)

**Cost:** \$45– up

**Hours:** Flexible ( Weekends available)

**Location:** 1545 N. Verdugo ,Suite 203 Glendale CA 91208

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### *Alpha Treatment—GMH*

**Website:** <http://www.dignityhealth.org/glendalememorial/>

**Services:** Rehabilitation services. Offer chemical dependency treatments, detox and individual/group therapy

**Contact:** (818) 502-1900 Ext. 4770

**Cost:**

**Hours:**

**Location:**

### *Children's Hospital LA– SAP*

**Website:** <http://www.chla.org/>

**Services:** Screenings, Assessments, individual/ group therapy are offered to educate and prevent substance abuse.

**Contact:** (323) 361–2463

**Cost:** Family and group sessions are free for seniors and ages 10-25.

**Hours:** Tuesday from 8:30am-11:15am

**Location:** 5000 Sunset Blvd., Suite 701, 7th Floor Los Angeles, CA 90027

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### *Christian Assembly Church*

**Website:** <http://cachurch.com/>

**Services:** Offers a variety of faith-based recovery courses and groups. Areas covered: alcohol/substance addictions, sexual addictions, family of origin issues, survivors of sexual abuse, financial management, and effects from divorce. Call for meeting times

**Contact:** (323) 255-1421

**Cost:** \$0

**Hours:** Sat 6:00pm & Sun– 9:00am, 11:15, 6:00pm

**Location:** 2424 Colorado Blvd, Los Angeles, CA 90041

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### *Fresh Start*

**Services:** Offer detoxifying treatments from drugs and alcohol abuse.

**Contact:** (855) 734-2223

**Cost:** Depends on case

**Hours:** Mon– Fri 7:30am-6:00pm  
Sat & Sun 8:00-4:00pm

**Location:** 225 Broadway St. Glendale CA

### *Glendale Adventist Medical Center*

**Website:** <https://www.adventisthealth.org>

**Services:** GAADS program offer detoxifying treatments from drugs and alcohol abuse.

**Contact:** (818) 242-3116

**Cost:** Depends on insurance

**Hours:** Open 24 hours everyday of the week

**Location:** 1509 Wilson Terrace Glendale, CA 91206

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### *New Insight Program*

**Services:** Drug and alcohol counseling, education and tobacco awareness for 18+. Drug division referred by court, don't do outpatient service.

**Contact:** (818) 242-2308

**Cost:** Depends on court

**Hours:** Court will schedule appointment

**Location:** 522 Broadway Blvd. Suite 101 Glendale, CA

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### *Pacific Clinics– Substance Abuse Program*

**Website:** <http://www.pacificclinics.org/>

**Services:** Provides drug alcohol treatment program, information and referral prevention. Individual therapy for adults and children.

**Contact:** (818) 547-9544

**Cost:** Only accept Medical

**Hours:** 9:00am-5:00pm

**Location:** 237 N. Central Ave Glendale, CA

# Utility Services





## *Department of Water and Power*

**Services:** Electricity bill assistance for low income residents. Discounts are given to those with lifesaving equipment.

**Contact:** (213) 367-8189

**Hours:** Mon-Thurs 7:30am– 5:30pm Fri 8:00am-5:00pm

**Location:** 2333 Ripple St. Los Angeles CA 90039

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## *Los Angeles Department of Water and Pow-*

**Services:** Utility bill assistance with shut off notice.

**Contact:** (213) 367-4211

**Hours:** Mon– Fri 9:00am-5:00pm

**Location:** 1630 N. Main St. Los Angeles, CA 90012

# Acknowledgements

This Community Resource Guide was developed for you by:



Eagle Rock  
1704 Colorado Blvd.  
Los Angeles, CA 90041



Comprehensive Community Health Centers  
Your Health, Our Mission.



North Hollywood  
12157 Victory Blvd.  
North Hollywood, CA 91606



Highland Park  
5059 York Blvd.  
Los Angeles, CA 90042



Glendale  
801 S. Chevy Chase DR.  
Glendale, CA 91205

CCHC serves as a medical home to individuals and families across the life span, including the low-income and underserved. CCHC serves a large immigrant population including Latino, Armenian, and Asian populations. CCHC's health care providers speak the languages of the community.

CCHC opens its doors to patients from all demographics and cultures. We are excited to accommodate individuals from all walks of life and to ensure everyone gets the healthcare they need.

CCHC is licensed by the State of California, led by an independent Board of Directors and is a FQHC Program grantee under 42 U.S.C. 254b. All providers are deemed federal employees, with resultant coverage under the Federal Tort Claims Act (FTCA) for actions within the scope of deemed employment, pursuant to 42 U. S. C. 233(g)-(n).